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## Top Style Tips for Men

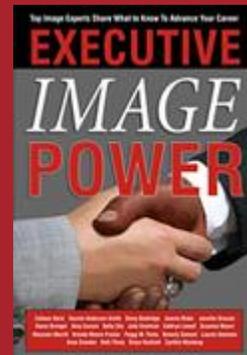
Women often say, "Men have it easy. They don't have to think about what to wear. They put on a dark suit and they're set."

The men I work with would disagree. Like women, they struggle with what to wear. So this month's tips are dedicated to helping men make stylish choices, from head to toe.

- If you haven't bought a new suit in the past 3-5 years, do it now. Suits have changed. Jackets are slimmer and shorter, lapels are narrower, and trousers have flat fronts. Think Don Draper not Gordon Gekko (the original).
- Don't date yourself by the width of your tie! Not only are suits slimmer but so are ties. The average tie these days is 7 to 9 cm (2 ½ to 3 ½ in) wide.
- Colourful shirts and ties extend your wardrobe. You'll give that dark suit a totally new look and it's a great way to set yourself apart from all the other suits.
- Footwear that's scuffed, cracked, turned up at the toe or down at the heel says you don't care. Buy new shoes. And yes, you need more than one pair. Like us, shoes work hard and need to rest.
- If you're still wearing the aviator frames you bought after you saw Top Gun, then it's time for a change. Think what's happened to Tom Cruise's career since then. Today's frames are primarily plastic, not metal and often coloured, tortoiseshell, red, blue or a combination. Shapes are rectangular, even horn rims like Buddy Holly. Other choices include retro styles like Ray Bans and Mr. Moto's round frames. If you're not sure, check out the Turner Classic Movie channel for inspiration.

**"If you are not in fashion, you are nobody."** Lord Chesterfield

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