



Inspire confidence and trust:  
Image makes the difference

## Fall/Winter Closet Tune-up

Thanksgiving is over—admit that winter is on the way. Time to get out those cool weather clothes, assess what you have and what you need in preparation for (sorry) winter.

Set aside a few hours, preferably on the weekend. Remove interruptions (i.e. arrange for your spouse or partner to take care of the kids and dog).

- Move your fall/winter clothes from closets, drawers, shelves, boxes, the basement, etc. into one room. Don't forget coats, boots, scarves, hats, bags jewellery, and gloves—even those without mates.
- Set up a full-length mirror.
- Group items: bottoms (skirts, pants), tops (jackets, sweaters, shirts), split suits into tops and bottoms.
- Arrange groups by colour: black pants, grey jackets, red tops, etc.
- Now review. Do you really need 20 white shirts? Are all your suits black? Are you surprised at the number of turtleneck sweaters?

Next try everything on in front of a mirror. Looking at all angles, ask:

- Does this fit or did it shrink in the closet?
- Does it make me look and feel confident?
- Does it project the image I want?
- Does that coat have '80's shoulder pads? Yes, I still see them.
- Oops, "what was I thinking?"

Create three piles: yes; no; maybe, and another for items to keep that need minor repairs or cleaning. Put "no's" into green garbage bags. Try on the "maybe's" again to make sure you want to say good-bye. Introduce the yes's to their new, more spacious home in the closet.

Once you've done your own clothes, it's time to help the rest of the family prepare for winter. And those gloves without mates? Can you pair them up? Different coloured gloves are a great way liven up a dark coat.

*Project your personal and professional best every day.*